



Dieta tsa Mokgadi



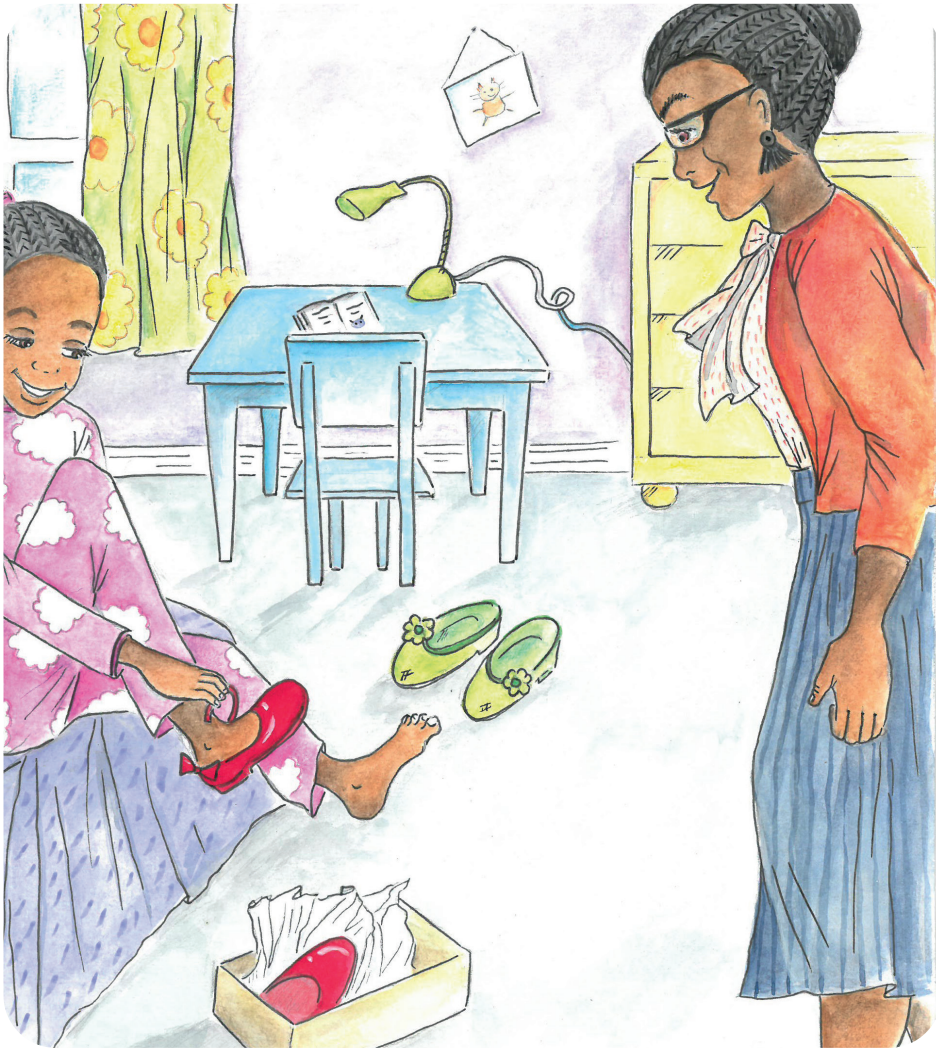
Millgrent Ngwenya



Mokgadi ke mosetsana ya ikokobeditseng.

Ka hoo, malomae a mo rekela dieta.

E ne e le tse kgubedu, tse phatsimang tjena.





Mokgadi o ne a rata dieta tseo tse kgubedu tse phatsimang.

O ne a robala ka tsona.

A sa di role.



Bosiu bo bong Mokgadi a phofa.

Dieta tsa hae tse kgubedu tse phatsimang
tsa qala ho bua.





Dieta tse kgubedu tsa tletleba ka hore ha di na phomolo.

“Re hloka ho hema le rona,” tsa realo.



Hang dieta tsa kgale tse tala le tsona tsa
bua!

“Mokgadi o re lebetse.” Tsa realo.

“O rata dieta tse kgubedu tse phatsimang ho
re feta.”





Mokgadi ha a robala hantle bosiu boo.

Ha a phaphama a hopola toro ya hae.

A kgathatseha ho lemoha hore dieta tsa hae
ha di a thaba.



“Ke tla le fa nako ya ho phomola.” A realo.

Mokgadi a fa dieta tse kgubedu, tse phatsimang kgefutso.





“Ke tla kgutlela ho lona hape.” A bua le dieta tsa kgale tse tala.

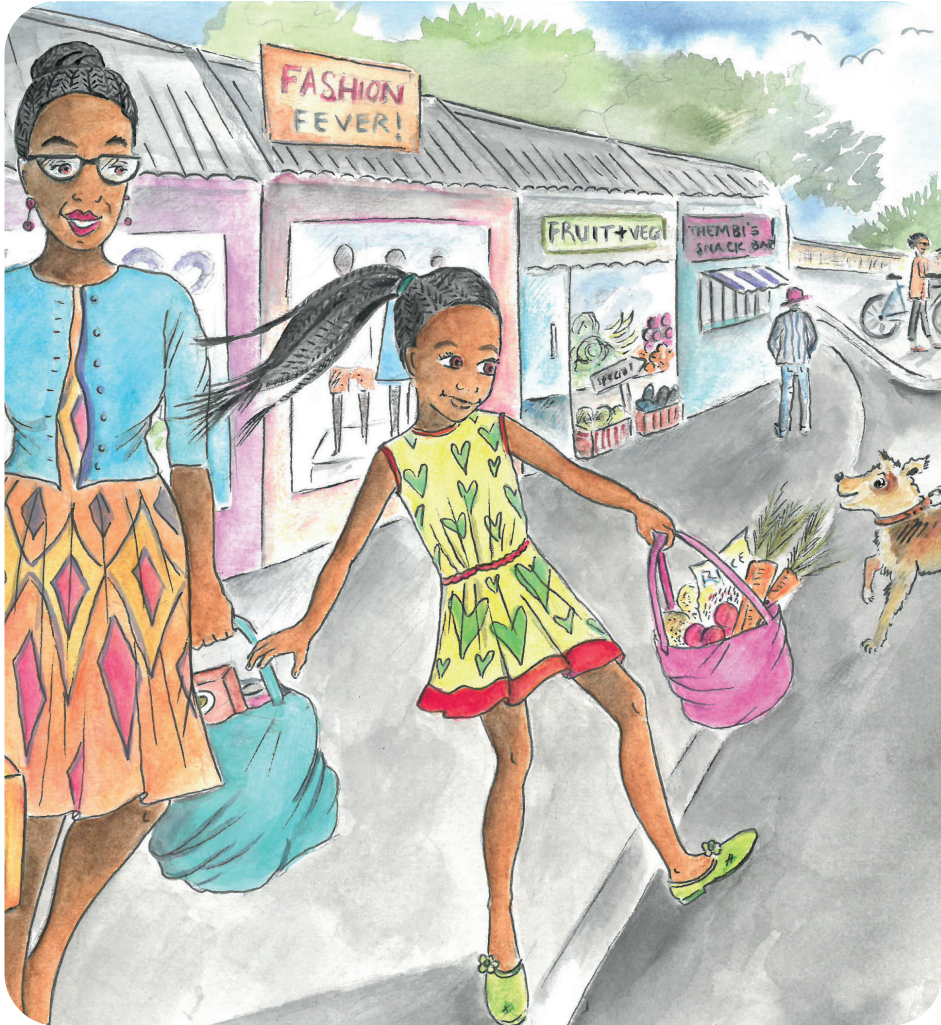
Dieta tse tala di ne di kgephohile.



Mokgadi a phethahatsa sena.

Ka le latelang a ya mabenkeleng.

O ne a kgabile ka dieta tsa hae tse tala.





Ka letsatsi le leng Mokgadi a etela nkgono.
Kgetlong lena a sebedisa dieta tse kgubedu.



Ho tloha moo, Mokgadi a robala a
kgatholohile.

O ne a thabile hobane leano la hae la dieta le
ne le phethahala.

